

ESTUDOS E VIVÊNCIAS DOS ELEMENTOS GINÁSTICOS COM A TEMÁTICA DO CIRCO EXPERIENCES AND STUDIES OF GYMNASTIC ELEMENTS WITH THEMES OF CIRCUS

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This experience report characterized as the result of a process of teaching and learning with students from the Bachelor's Degree in Physical Education of the AESA, located in Arcoverde-PE, in the first half of 2015. The objective was to gain experience by performing gymnastics Festival with use of gymnastic fundamentals of the sport of Rhythmic, Artistic and Acrobatic Gymnastics. We can expand each class and essay our knowledge .

Estudos sobre
História da ginástica

Estudos dos
fundamentos
ginásticos

**GINÁSTICA
PARA TODOS**

Construção de
coreografias em
GPT

Ginástica como
conteúdo da
cultura corporal

